

Oasis Academy Nunsthorpe Anti Bullying Pathway to help.

I am being bullied or
I have seen or heard that
someone else is being bullied.

1. What should I do?

- ◆ Tell a grown up in school or at home.
- ◆ Tell an Anti-Bullying Ambassador.
- ◆ Tell a friend who you know will help you and tell a grown up.
- ◆ Put a note in a Worry Box that a grown up will read.

3. What if the bullying starts again?

- ◆ Tell again - either the same grown up or another grown up that you trust.

2. What will happen next?

- ◆ The grown up will listen to you and will make a note of what you say.
- ◆ A grown up will work with you and the bully or bullies to sort things out.
- ◆ A grown up will speak to your parents/carers and the bully or bullies parents/carers.
- ◆ A grown up will check in with you until the bullying has stopped.